



PANCHAKARMA TECHNICIAN COURSE

By
Department of Panchakarma,
G. J. Patel Institute of Ayurvedic Studies & Research,
&
S. G. Patel Ayurveda Hospital & Maternity Home,
(Constituent College of The CVM University)
New Vallabh Vidyanagar, Anand - 388120

**6 MONTHS
COURSE**

FEES ₹ 30,000/-

- Regular Offline course
- Comprehensive Course Structure suitable for National & International Panchakarma setups
- Training based on NABH guidelines
- Complementary kit provided at the time of admission

COURSE INCLUDES: 605 HRS (THEORY + PRACTICAL CLASSES)

For enquiries: <https://forms.gle/eeMEdvpCkFnsHrVo6>



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G. J. PATEL INSTITUTE OF AYURVEDIC STUDIES & RESEARCH S. G. PATEL AYURVEDA HOSPITAL & MATERNITY HOME, NEW V. V. NAGAR, ANAND 388120

Ayurveda embraces holistic approach to life by catering the apparatus of body, mind and soul. Ayurveda is not merely a system of medicine; it is the way of life. Hence it forms an integral part of Indian culture and tradition. Due to its astuteness, Ayurveda has captured wide international attention and is becoming the modern way to balance mental, emotional and physical health.

Ayurveda primarily aims at preservation of health through daily and seasonal regimes and also provides means to rectify health issues and sufferings of people. Panchakarma therapies are specially designed therapies in Ayurveda for health protection as well as recuperation from disease.

Panchakarma therapies include external application of medicines through Abhyanga (massage), Swedana (fomentation), Lepa (applying packs), Udvartana (powder massage), Murdhni Taila (applying oils in head region through Shirodhara, Shiropichu, Shirobhyanga and Shirobasti) etc and five therapies specially used for detoxification like Vamana (emesis), Virechana (purgation), Nasya (nasal inoculations), Basti (medicated enema) and Raktamokshana (blood-letting). Panchakarma are used as a palliative care, as a bio-purification therapy and also as a means for nurturing the body tissues.

Result oriented Panchakarma therapies require proficient staff to handle Purvakarma (preparation phase), Pradhana Karma (main therapy conduction) and Paschat Karma (post-therapy regimen) of Panchakarma. Preshya or Paricharaka (paramedical staff who takes care of the patient and conducts Panchakarma procedure on patient in the presence of Vaidya) is advocated to hold good knowledge of Panchakarma therapies, he/she should be alert, caring and know the importance of maintaining personal hygiene and cleanliness (C. Su. 9/8).

Ayurveda has evolved as evidence based medical system in the recent times and has created global opportunities for people working in the field of Ayurveda. To cater to the needs of entrepreneurship in Ayurveda and specially in Panchakarma, there is a need of highly trained technical staff.

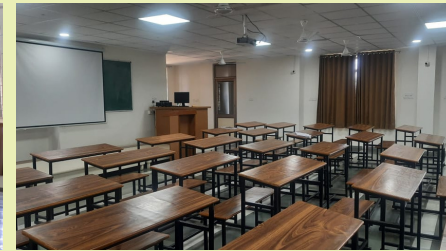
The CVM University, V. V. Nagar, Anand has recognized this demand and are going to start a certificate training course of "Panchakarma Technician" to produce highly skilled Panchakarma Experts.



About CVM, CVMU, GJPIASR & SGAH&MH

Charutar Vidya Mandal, the patronage of The CVMU is one of the oldest organizations of Gujarat devoted to the cause of education in various fields. It blossomed under the inspiration of great visionaries like Sardar Vallabhbhai Patel, Shri Bhaikaka Patel, Shri Bhikhabhai Patel and Shri H. M. Patel.

G. J. Patel Institute of Ayurvedic Studies and Research is the constituent college of The CVMU established in the year 2006. It offers B.A.M.S. degree course to the capacity of 100 students every year. Also, Postgraduate course in Panchakarma and Kayachilitsa will be started shortly. The S. G. Patel Ayurveda Hospital and Maternity Home, is a component of this medical institute with full-fledged OPD and IPD sections and a facility of 148 beds. It has fully functional male and female Panchakarma Units which are incessantly offering Panchakarma therapies since its inception. Thousands of patients from Gujarat, different parts of India as well as from overseas are benefited through these therapies.



Course Name - Panchakarma Technician (Course code - PKT)

Aims & Objectives

- To offer scientific education (theoretical and practical) in assisting Panchakarma therapies of Ayurveda
- Considering futuristic needs in the medical system, offering training based on NABH guidelines
- To produce well-skilled Panchakarma Technicians who can work in a domestic and international atmosphere

Training Outcomes

- Interpret prescriptions efficiently and carry out Panchakarma procedures competently
- Apply basic concepts and fundamental principles related to Panchakarma
- Assisting concerned professionals during therapies
- Explaining different herbs & formulations related to Panchakarma
- Describing indications and contra-indications related to Panchakarma & precautions in diet
- Carrying out routine patient care tasks during Panchakarma procedures
- Checking vital parameters to assess the physical state of the patient
- Carrying out maintenance of the panchakarma Unit

Duration

6 months

Frequency

Twice a year

Eligibility

12th Completion (HSC) – any stream

Medium of Instruction

Hindi & English

No. of seats

10

Fees Structure

Rs. 30000/- (INR)

Contact Details

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